

The Gospel Project for Adults, Summer 2016  
Interactive Teaching Tips for Adults for Session 13

**Introduction: *Speak to them.***

Bring a large piece of paper and hang it on a wall. Write the word *WORSHIP* in large letters in the center. As learners arrive, invite them to write a word or phrase that describes worship in the blank space of the paper.

Point out some of the words that describe your church's worship experience. Then ask, "Is worship something we do only when we're all together? Do you worship alone? Should we worship privately?" Encourage learners that today's lesson will show that the psalms are a wonderful way to bring a heart and mind into focus on God for private worship.

**Point 1: *See and hear.***

Invite a few volunteers to share pictures on their phone that epitomize the word *delight*, such as a laughing child, a new home, etc. (Before class, find a few photos of your own to share.) Ask the questions: "What brings you delight?" "Who delights you?"

Engage learners in discussing why they struggle to find delight in God's Word. Ask: "What would it take for us to really delight in God's Word?"

**Point 2: *Analyze the text.***

Provide learners a few minutes to carefully analyze Psalm 100 by underlining every action verb that instructs readers in how to worship.

Ask learners to circle the word *for* in verse 5 and draw a square around the remaining words in verse 5.

Explain the psalm from the end to the beginning. Say something like the following: Because God is good, His love is eternal, and His faithfulness endures throughout all generations, we take all the actions to prepare our heart, mind, and focus for worship.

**Conclusion: *Put the Psalter to personal use.***

Encourage learners to, by faith, understand that the Psalms are not just an ancient songbook but a valuable praise resource for us corporately and

individually. Provide learners with a chart on the psalms (like this one: <https://www.insight.org/resources/bible/the-wisdom-books/psalms>) and a list of the psalms by theme (like this one: [http://bookofhours.org/psalms/tool\\_themes.htm](http://bookofhours.org/psalms/tool_themes.htm)).

### **Teaching Tip of the Week**

Know what you're talking about! Use this link to get a quick, thorough overview of the Book of Psalms: <http://overviewbible.com/psalms/>